



COVID-19 ADVISORY NO. 003
EASTERN VISAYAS
March 19, 2020

This advisory is for all deployed Human Resources for Health (HRH) and to all concerned:

It can be observed that provincials, cities and municipalities issued their own version of community quarantine in their area of responsibility. We are now on the 5th day since Metro Manila was placed into community quarantine which resulted to influx of returnees/balikbayans to be with their families.

At this point, we are expected to be exposed to our unknown enemy, the COVID-19, making us all Person Under Monitoring (PUM). It is expected that some PUM will be exhibiting mild symptoms of respiratory infection, making them the Person Under Investigation (PUI) and be placed in strict home isolation. We would like to emphasize that given the limits of the health care system of the region to include hospital beds, manpower and swab testing, which DOH can only do so much.

The best thing to do:

1. Maximize Barangay Health Emergency Response Teams at the community level, by monitoring movement of PUMs outside their houses. If needed, coordinate with PNP.
2. Health workers must focus more on triaging at their assigned posts rather than doing thermal scanning at the checkpoints. Assign tanods or other LGU personnel to do thermal scanning. It is advised to focus on the purpose of travel rather than temperature taking. Travelers are advised to prepare their IDs to facilitate easier entry at checkpoints.
3. LGUs are advised "to do rounds" and "bandilyo" with emphasis for people to stay at home instead of staying outside. There should be no more people on the streets, loitering, socializing outside. "Waray anay tagay-tagay"
4. In a few days given the 14th day incubation period, we might be having deluge of patients seeking medical care. Keep watch on this! To Municipal Health Officers and health workers, use your clinical eye. Also, prepare for other occurrence of other diseases such as dengue.
5. Minimize referrals to higher level of care. Do home management if possible.
6. Be updated with advisories from tv and radio from time to time to be informed.


MINERVA P. MOLON, MD, MPH, FPPA, CESO III
Director IV 