



Republic of the Philippines  
**DEPARTMENT OF HEALTH - EASTERN VISAYAS**  
Government Center, Candahug, Palo, Leyte  
Tel. No. (053) 323-5027, 323-5028 Fax. No. (053) 323-5069/6517




MEMORANDUM

FOR: **CHIEF OF HOSPITALS, HOSPITAL DIRECTORS AND ALL  
HOSPITAL STAFF**

SUBJECT: **CONDUCT OF PUIs POST INVESTIGATION AND HANDLING  
PUMs**

DATE: **MARCH 11, 2020**

FROM:   
**MINERVA P. MOLON, MD, MPH, FPPA, CESO III**  
Director IV

In the advent of COVID-19 in the country, all are hereby directed to make necessary preparations in conducting PUIs post investigation from identified isolation facilities in your hospitals for further monitoring and surveillance.

This is to distribute the point of care across the region and not only to the area with terminal catering local and international flights.

On the other hand, for PUMs shall be provided with verbal and written clear instructions on HOME QUARATINE rules, to included but not limited to:

1. Avoiding personal social interaction for 14 days;
2. Self-monitoring for any influenza-like symptoms for the entire duration of home quarantine;
3. Wear a medical mask at all times in the presence of everyone;
4. Cover mouth and nose when coughing and sneezing. Use tissue or sneeze into your shirt. Throw used tissue immediately in the trashcan. Wash hands frequently especially after coughing or sneezing;
5. Avoid shaking hands, kissing, hugging or laying of hands with anyone;

6. Refrain from sharing personal items like towels, toothbrushes, drinking glasses, cutlery and/or thermometers;
7. Clean all "high-touch" surfaces, such as counters, tabletops, doorknobs, bathroom fixtures, toilet, phones, keyboards, and tablets, every day;
8. Ensure adequate ventilation in all areas of the house;
9. Isolate self from persons who might be at a greater risk for acquiring and getting complications from the disease (elderly, young children, persons with weak immune system);
10. Minimize travelling and engaging in public activities;
11. Take and record temperature twice daily using the Home Monitoring Sheet;
12. Every day reporting to Local Epidemiology Surveillance Officer for monitoring and recording purposes, and;
13. 24/7 Emergency numbers to call in case of developing any influenza like symptoms.

For infographics of Home Quarantine, please visit this link:

<http://bit.ly/COVIDHQGuideline>

For your immediate compliance.